

Dear Friends,

It's been more than a year since my mother, InSpirit's founder Aneice Taylor, has passed on. In the time of the pandemic, we've all had to honor her in different ways, without being able to gather together as usual. An important way that we have all done that is by keeping her legacy of InSpirit alive.

The board and staff have engaged at a new level, and you, our friends, family, and supporters, stepped up too, so that we could continue serving the needs of our clients at the same and greater capacity, and even add new clients. Our family and all of us at InSpirit have been moved by the support of the people who were touched by my mom, and who have contributed with love and support to keep the work going.

You'll read here about our clients, new staff, projects such as the new website [inspiritmarin.org](http://inspiritmarin.org), and the fabulous new greenhouse built by dedicated volunteers.



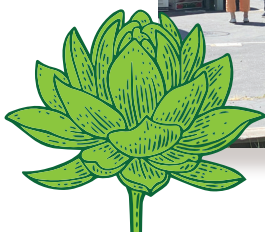
While we rely on fundraising efforts, such as the plant sale, and support from a few foundations, the majority of our annual funding comes from individual donors - people who have seen the realities of living with paralysis first hand, and been touched by the difference that InSpirit has made in the lives of our clients.

The path for people living with paralysis and their loved ones continues to be arduous. IHSS and other services are still limited and difficult to navigate; the cost of adequate attendant care can be unattainable; daily health concerns are reliable, yet being able to meet basic needs are often not.

Thank you for joining us in keeping this effort going.

Sincerely,

Deva Wheeler



## Meet Quincy Seitz.

Quincy has been my friend for over 17 years. I first met her when I taught Glass Art at the College of Marin. Quincy became successful in both glass fusing and glass beadmaking. She is also an electrician and was a foreman on big building projects in the Bay area. But most important, she is the mother of three wonderful children and seven grandchildren.

A year and a half ago, Quincy woke up and was unable to move. She managed to call her neighbor for help. Quincy was diagnosed with Guillain Barré syndrome, a rare disorder in which your body's immune system attacks your nerves.

Quincy spent months in a skilled nursing home to treat the condition and underwent intense physical therapy. When it became apparent that she would be needing full time care, InSpirit stepped up by providing additional attendant care money and encouragement that she was not alone. Her children remodeled her house to accommodate wheelchair access where she can now enjoy her garden and play with her grandchildren.

Quincy has not only been supported by us, but by a wonderful group of friends who set up a matching fund to help her buy a vehicle. With InSpirit's Special Needs fund, donations specifically designated for her, made it possible for them to donate large amounts that were tax deductible.

The road ahead is long, but she is feeling the love and support of her community as she courageously faces the reality of her condition.

Marty Meade



## The 2021 Plant Sale: Successful on so many levels!

2021's Mother's Day Plant Sale began in October of 2020, when building a new greenhouse in Marty Meade's garden began in earnest! From then until March 2021 workdays were ongoing in the all-volunteer effort to build it in time to grow for the sale. We owe a tremendous vote of thanks to Leo Den Ouden, who designed it and consulted frequently with our lead carpenters, Kevin Meade, and Buck Parle, ably assisted by Josh Traub, Buzz Voytovich, Steve Rebscher, Adam Vurek, Ace Thelin, Tom Valens, Eric Meade, Breeze Kinsey, Steve Kinsey, Tony Miceli and Jake. Our paint and dirt moving crews included Lisa Halderman, Marcia Gunnarson, Edieann Fleming, Muniera Kadrie, Marty Meade, Amy Valens, Allison Puglisi, Zev Eifler, Eileen Schatz, Cory VanGelder, Jean Kinsey, Norine Smith, and probably a few more who we hope will forgive us for leaving their names out. Then there are the people who scouted out supplies for

us or who hauled them to the site, or who slipped us a little extra cash when we were running low. What a magnificent success! On February 8 things were far enough along for us to start planting! By March we were going full force, and on May 8th we arrived at the plant sale with more seedlings than ever, augmented by plants and garden goods from 40 growers!! Add in the 30 volunteers who created and maintained the sale, from gathering plant donations, to protecting the plants the night before, to hauling home what we didn't sell, to helping us sell leftovers back at the greenhouse, and you understand how vital a volunteer community we have supporting InSpirit.

We worried that Covid restrictions might mean we'd not meet our financial goals. Instead it was one of the most profitable sales we've had, bringing in over \$12,000, creating community, informing people about the needs of quadriplegics and the work of InSpirit. The greenhouse has sat almost empty since May. We are contemplating how we can use it better in the future, but for now it is time to start planning for Mother's Day weekend 2022!







In Support of Paralytics In Real Intense Times

Post Office Box 383  
Woodacre, CA 94973  
Tel: 415.488.0477

**New InSpirit Contact Information:**  
**New Email address**  
info@inspiritmarin.org

**New Website**  
inspiritmarin.org

Assisting the unique needs of people affected by quadriplegia since 1987

- Grants for Attendant Care
- Peer Support
- Special Needs
- Legislative Advocacy

## Laurie's Transition and Farewell to Our Clients.

Dear InSpirit Friends

It is with mixed thoughts that I write this message to you. I will no longer be working with InSpirit. As most of you know, I began working with Aneice and InSpirit in 2003! And I have loved it and have enjoyed working with each of you, and getting to know you. I am making a change in my life and am planning a move next year to be with my family in Hawaii! It will be an adventure in paradise, and I look forward to it.

Maya Friedman our new Executive Administrator, will continue the InSpirit office systems and to serve you as best as we can, along with Brian Jacobson who will be assisting you as needed to

be sure you are receiving what you are entitled to.

The InSpirit Board of Directors is committed to continuing Aneice's vision and values, and to work to improve things wherever we can.

Maya has excellent references and great work experience and her mother Quincy, is an InSpirit client. I know you will like working with her! And Brian, also an InSpirit client is going to be on board to help solve some of the questions that come up regarding your benefits, etc.

The InSpirit phone number and email remain the same. Maya and/or Brian will be in touch with you soon.

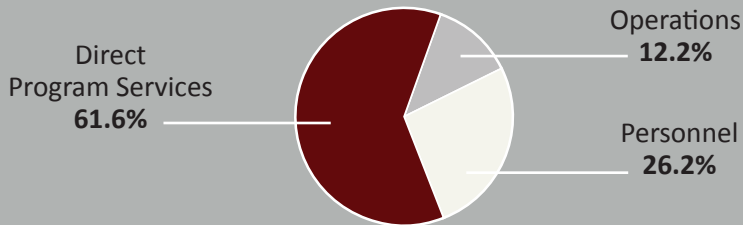
I will truly miss my work at InSpirit, and most of all miss you. It has been my honor and pleasure.

Take care,  
Laurie Chorna



## Your Financial Support at Work

July 2020 – June 2021 Total Budget: \$127,739



### Board of Directors

Co-Directors

Jonathan Frieman, President

Marty Meade, Secretary/Treasurer

### Directors

Brian Jacobson

Ben Kinney, Jr.

Kiersten Kotaka

Deva Wheeler

Amy Valens

Leslie Franklin

InSpirit serves people paralyzed from neurological disorders such as spinal cord injury, multiple sclerosis, ALS and muscular dystrophy. InSpirit is a one-of-a-kind nonprofit that directly addresses the unique needs of people affected by quadriplegia. **Your support and gift will help provide hands-on care. Credit Card donations may be made on our secure website [inspiritmarin.org](http://inspiritmarin.org).**

InSpirit is a nonprofit 501©3  
EIN 94-3032391

## InSpirit's New Website!

InSpirit is excited to announce the launch of our new website! After months in the works we are happy to officially share it with all of you.

Our main goal in launching this new website is to provide our recipients, donors and others with a more intuitive and user-friendly experience that clearly states who we are and what we do.

Please visit us at [inspiritmarin.org](http://inspiritmarin.org) to make a donation, and feel free to reach out to us at our new email [info@inspiritmarin.org](mailto:info@inspiritmarin.org).

